



Delicious Simple

FRUIT DIP

Ingredients :



- 1 container thawed Cool Whip
- 1 cup plain yogurt
- 1/4 cup sugar
- 3-4 drops YL Lemon Vitality (or to taste)



Directions

- Add first three ingredients to bowl, then stir to combine.
- Slowly add drops of Lemon Vitality and stir, tasting until you reach desired flavor level



Notes

Best flavor if made the night before and refrigerated.

